

Every person entering the service of the Hospital as a Probationer must submit to re-vaccination, if in the opinion of the Resident Medical Officer this is desirable.

Leave is granted to Probationers as follows:—Two hours' leave every day for out-door recreation; one day each month; two weeks each year.

GUY'S HOSPITAL.

ST. THOMAS'S STREET, BOROUGH, S.E.

Founded by Thomas Guy in 1721. Enlarged by William Hunt.

Has 690 beds. Admits about 5,500 patients every year.

President.—Mr. H. HUCKS GIBBS. *Governing Body.*—A Court of Sixty Governors. *Nursing Staff.*—Matron, Miss Florence Nott Bower; 1 Assistant; 1 Night Superintendent; 18 Sisters; 135 Nurses and Probationers.

REGULATIONS FOR LADY PUPILS.

1. Ladies between the ages of twenty-four and thirty-two are received into the Hospital as Lady Pupils, for training in medical and surgical nursing. Each such pupil must pay to the Matron, quarterly in advance, thirteen guineas a quarter for board and lodging, and such pupil must also pay for her washing and uniform. Except as specified in Regulation 2, no part of this quarterly payment nor any other payment will under any circumstances be repaid.

2. Every lady who applies to be received as a Lady Pupil must undertake to undergo not less than one year's training, but it must be distinctly understood that it rests with the Matron to decide at the end of each quarter whether it is desirable in the interest of the Hospital that a Lady Pupil should continue her training. The Matron, with the sanction of the Treasurer and Superintendent, may at any time terminate the engagement of a Lady Pupil. In such a case the proportion for the unexpired part of the quarter of the thirteen guineas paid will be returned.

3. An applicant, after she has been accepted by the Matron as a Lady Pupil, must provide for herself, at her own expense, an indoor uniform, consisting of a perfectly plain alpaca dress, and a sufficient supply of white linen aprons without bibs. She will be supplied, on arrival at the Hospital, with a bonnet, summer cloak, winter cloak, caps and collars, on payment of £3. Under no circumstance will any allowance be made to a Lady Pupil in respect of expenses incurred in providing herself with uniform, or of any other expense.

4. A Lady Pupil may not wear any ring or article of jewellery with her uniform.

5. A Lady Pupil may not visit in other wards without the permission of the Matron.

6. A Lady Pupil is expected to attend either the morning or the evening service in the chapel on Sundays.

7. A Lady Pupil must obey the rules and regulations of the Hospital and Nursing Home, the directions of the Matron, and the instructions of the Sister and Staff Nurses in whose ward such Pupil may be working. If a Pupil have any cause of complaint, the Matron is the authority to whose notice such complaint should be brought.

8. A Lady Pupil who has completed one year's consecutive training will receive a certificate to that effect signed by the Treasurer, Superintendent, and Matron. No certificate will be given for a shorter period of training.

ARRANGEMENTS FOR LADY PUPILS.

It is a matter of common experience at Guy's Hospital, as at other Nurse Training Schools, that letters of enquiry are frequently received from ladies who desire to be trained as Nurses, but are almost entirely ignorant of what is expected from those who aspire to the work of tending the sick in the wards of a large London Hospital. For the benefit of such enquirers, and to save disappointment to those who might otherwise find the actual life of a Nurse far different from what they had imagined it to be, it has been thought advisable to give a short account of the daily work and duties of Lady Pupils at Guy's Hospital, together with some information respecting the accommodation provided for them, and the arrangements made for their training.

The Lady Pupils, twenty in number, reside within the Hospital in the Nursing home, which forms part of the Matron's house. Here they are provided each with a separate bedroom, or with a room which they share with another Lady Pupil, the beds being divided by a curtain, and there is also a sitting-room, containing a piano, and comfortably furnished, to which all of them have access for the purpose of social intercourse and recreation.

The Lady Pupils take their meals, except supper, at a separate table in the large Nurses' Dining Hall in the Medical Building, the dietary being as follows:—

Breakfast.—Tea or cocoa, sausages, or bacon, or eggs, bread and butter.

Dinner.—Meat, vegetables, pudding, milk or beer.

Afternoon Tea.—Tea or cocoa, bread and butter.

Supper.—Meat, bread, pudding, milk or soda water.

The Lady Pupils are called at half-past six o'clock in the morning; at a quarter past seven breakfast is served in the Dining Hall; at a quarter to eight prayers are said in the Chapel; and at eight o'clock they come on duty in the wards. At noon they dine, and at half-past twelve they return to the wards. At five o'clock they leave for tea, returning at half-past five, and remaining till half-past eight, when supper is served in the Sisters' Dining Hall. After supper, prayers are said in the Hall, and after prayers the Lady Pupils retire to the sitting-room in the Home or to their bed-rooms. All lights must be extinguished not later than a quarter before eleven o'clock.

The following statement of the duties required of Lady Pupils in the wards is approximately accurate, though it must be remembered that the routine varies somewhat according to the size of the wards, the character of the cases, and the arrangements of different Sisters for the management of their Patients. Between eight and ten o'clock in the morning the Lady Pupil is engaged upon washing and attending to the patients, and in dusting and arranging tables. At ten and twelve o'clock she administers the prescribed medicines under the supervision of the Sister, being occupied during the interval in attending the Sister as she goes round the Ward with the House-Physician or House-Surgeon.

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